

## **Coaching Experience:**

### **Campbell High School**

June 2013-Present

Head Varsity Volleyball Girls Coach

### **Campbell High School**

Feb 2012-May 2013

Head Varsity Volleyball Boys Coach

### **Campbell High School**

Feb 2011-May 2012

Head Varsity Volleyball Boys Coach

### **Tita Ahuna Volleyball Academy**

Nov 2011-Present

Head Club Volleyball Coach for Boys 18's

### **Ilima Intermediate School**

Oct 2011-Present

Head Co-ed Volleyball Coach for  
After school Ace Program

### **Lanakila Baptist School**

Aug 2011-Oct 2011

Head Girls Junior Varsity Coach

### **Ilima Intermediate School**

Jan 2011-May 2011

Head Co-ed Volleyball Coach for  
Afterschool Ace Program

### **Lanakila Baptist School**

Feb 2011-May 2011

Head Boys Varsity Volleyball Coach

### **Paulele Volleyball**

Nov 2010-June 2010

Head Club volleyball Coach for Boys 17's

**Lanakila Baptist School**

Aug 2010-Oct 2011

Head Girls Junior Varsity Coach

**Lanakila Baptist School**

Feb 2010-May 2010

Head Boys Varsity Volleyball Coach

**Lanakila Baptist School**

Aug 2009-Oct 2009

Overall Girls Coach-helped out with Varsity and Intermediate

**Lanakila Baptist School**

Feb 2009-April 2009

Head Boys Intermediate Coach

**Lanakila Baptist School**

Aug 2008-Oct 2008

Head Girls Intermediate Coach

**Lanakila Baptist School**

Feb 2008-April 2008

Head Boys Intermediate Coach

**Lanakila Baptist School**

2007

Volunteered out with the Elementary

Christian League

## **Volunteer Work:**

**Beach Volleyball**

Every Year since 2005

Beach volleyball team

Set up net and coach players ages 11-18

**Mililani Volleyball Club**

Nov2006-June2006

Head Girls Volleyball Coach 16's

**Pal League**

2006

Co ed Head Volleyball Coach

## References:

### **Nahaku Brown**

Head Girls Chaminade Coach

Phone Number: 306-7629

### **Michael Schwab**

Athletic Director for Lanakila Baptist

Phone Number: 428-3907

### **Bruce Hisanaga**

Pearl City High School Volleyball Coach

Phone Number: 295-7771

### **Tita Ahuna**

Head Tava Director

Phone Number: 384-6861

## Coach Achievements:

### **Campbell High School**

Division II State 6th Place-2012-2013

OIA Division II 3rd Place-2012-2013

### **Campbell High School**

OIA Division II 3rd Place-2011-2012

### **Lanakila Baptist School Boys Varsity Volleyball**

Coach of the Year Honors 2010--2011

ILH division 2, runner up

### **Lanakila Baptist School Boys Varsity Volleyball**

Undefeated Season-2008

ILH division 2 Champions

### **Lanakila Baptist School Girls Intermediate Volleyball**

ILH division 2 Champions 2008

### **Lanakila Baptist - Boys Intermediate Volleyball**

ILH division 2 Championship-2007

### **Lanakila Baptist schoolgirls Intermediate Volleyball**

ILH division 3 Championship-2007

## **College Player Achievements:**

### **Hawaii Pacific University from 1988-1992**

Senior year: 1991-1992

- NAIA All American Honors
- District First Team All-Stars
- District Player of the week

Junior Year: 1990-1991

- NAIA Champions
- All American Honors
- District First Team All-Stars

Sophomore Year: 1989-1990

- NAIA Runner-up
- District Second Team All-Stars

Freshman Year: 1988-1989

- NAIA All American
- NAIA Second Runner-up
- District First Team All-Stars
- Team Best Offense

## **High School Player Achievements:**

Pearl City High School

Senior Year 1987

- OIA Most Valuable Player for the West
- Team captain

Junior Year 1996

- OIA First Team All Star for the West
- Sophomore Year 1995
- OIA Second Team All Star for the West

Freshman Year 1994

- OIA Honorable mention

## **Education:**

**Hawaii Pacific University**

Bachelor in Business Management

**Pearl City High School**

High School Diploma

Alicia Antonio  
94-510 Lumiaina St R102  
Waipahu, Hi 96797

May 23, 2013

My idea of a successful volleyball program, would be to manage a program that will provide information to students on a college base level. Also to provide them the tools they need to succeed on and off the court. Finally to teach the student athlete that their is a correlation between volleyball and life, for me it all starts with “attitude” . I believe having a positive attitude, is the key to a successful life and team. My success as a coach is because of what I have learned from my past experience from coaches, teacher, and parents. These are some of the goals and strategies that I believe in.

My goal is to achieve the best potential of each student-athlete in the classroom, and on the court. To encourage the student athlete to become responsible, respectful, well rounded human beings in today’s society. To prepare the student athlete for volleyball, as well as life. The first step to this goal is I will model being respectful and responsible, and in return I shall receive it back.

One reason for my success is, I realize that each player is unique, and I feel that I have the capability of “putting things into perspective” for the players. My coaching style is very straight forward, and encouraging, I am strict but fair. I would’nt ask a player to do something I feel that they cant accomplish, so what I ask for I expect.

I also provide ongoing positive feedback. This helps the athlete know, that they are part of a team. That all that they are accomplish does not go unnoticed. That everything they do is for a reason or purpose.

As a teacher from the community and today’s society I realize that teenagers go through many situations at home and at school. This is why I have an open door policy. I am also a very easy person to confide in, I encourage player to talk to me for any reason (confidential or not). If they have a problem with the team, at home, or in school, I will try my best to fix it.

After collaborating all the reason for a successful individual, I can build a team that will work together and instill good value in each other. When talking to my team about team building, I tell them that, “ team building is very important because when you go out into the work force you will have to learn how to be a team player.”

As a teacher, coach, and parent, I feel I have the tools to build toward a successful “SABERS” program.